

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

Junior School

Junior Menu Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Halal Option Available Daily	Roast Cumberland Sausage	"Classic" Beef Bolognese	Gammon with Apple Sauce & Gravy	Salt & Pepper Chinese Chicken Strips	Sustainable Breaded White Fish
Key Stage 2 Option	Jerk Style Chicken Curry	Ham & Cheese Quiche	Sweet Potato, Beetroot & Freekeh Wellington	Pork & Pepper Thai Green Curry	Woodland Mushroom & Butternut Squash Risotto
Vegetarian Option	Baked Veggie Sausages	Cheese & Tomato Pizza Baguette	Broccoli & Puy Lentil Bake with Herb Crumb	Mac & Cheese	Quorn Fishless Fingers
On the Side	Green Beans & Steamed Carrots Steamed New Potatoes	Peas & Carrots Spaghetti	Roast Carrots & Braised Red Cabbage Roast New Potatoes	Sweetcorn Noodles Prawn Crackers	Beans Mushy Peas Chips
Fruit & Yoghurt	Watermelon & Grapes	Fruit Jelly	Fruit Salad	Eton Mess	Cookies & Cream Cake

Junior School

Junior Menu Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Halal Option Available Daily	Moroccan Style Turkey Casserole	Roast Chicken Thighs	Braised Beef Sausages	Fish Fingers	Homemade Chicken Nuggets
Key stage 2 Option	Chinese Crispy Beef	Quinoa & Vegetable Stuffed Roasted Pepper	Chicken & Leek pie	Spiced Vegetable Bhaji with Sweet Chilli & Lime Dip	Hot Dogs
Vegetarian Option	Tomato & Basil Pasta Bake	Vegetable Moussaka	Quorn Sausages	Potato Gnocchi & Tomato sauce	Homemade Veggie Nuggets
On the Side	Steamed Carrots Crushed new potatoes	Garden Peas & Broccoli Baked Potato Wedges	Cauliflower Mashed Potato Yorkshire Puddings Gravy	Baby Corn & Sugar Snap Peas Steamed Rice	Spaghetti Hoops French Fries
Fruit & Yoghurt	Pineapple & Melon	Vanilla Shortbread	Melon & Orange	Strawberry Trifle	Rocky Road

Junior School

Junior Menu Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Halal Option Available Daily	Roast Chicken Thighs	Beef Ragu Penne Pasta	Roast Chicken Sausage	BBQ Pulled Pork	Grilled Beef Burger
Key stage 2 option	Tuna Pasta Bake	Three Cheese & Sundried Tomato Arancini Balls	Black Eyed Bean & Sweetcorn Fritters	Green Lentil & Vegetable Chilli	Tempura Tofu & Vegetables with Sweet Chilli Dressing
Vegetarian option	Courgette, Tomato & Feta Frittata	Vegetable Lasagne	Cheese & Potato Pie	Falafel Bites	Homemade Vegetable & White Bean Burger
On the side	Carrots & Broccoli Roasted Baby Potatoes	Sweetcorn & Wilted Greens Steamed New Potatoes Garlic Bread	Parsnips & Carrots Parmentier Potatoes Gravy	Peas Rice Tortilla Wraps	Baked Beans Chunky Chips
Fruit & cold dessert	Pineapple & Watermelon	Yoghurt & Granola Pots	Grapes & Gala Melon	Vanilla Rice Pudding	Lemon Drizzle Sponge with Custard